Patients should be discontinued from lens wear if new vessel growth starts to approximate the pupillary zone.

Fluorescein, a yellow dye, should not be used while the lenses are on. If patients absorb the dye and become disccolored. Whenever fluorescein is used in eyes, the eyes should be flushed with a sterile saline solution and/or stored in a saline solution. Wait at least one hour before replacing the lens. Too early replacement may allow the lenses to absorb remaining fluorescein.

Before leaving the eye care practitioner’s office, the patient should be instructed to promptly remove lenses or should have someone else available who can remove the lenses for him or her.

Eye care practitioners should instruct the patient to remove the lenses immediately if the eye becomes red or irritated.

Eye care practitioners should carefully instruct patients about the following care regimen and safety precautions:

DIFFERENT SOLUTIONS CANNOT ALWAYS BE USED TOGETHER, and not all solutions are safe to use with all lenses. Use only recommended solutions that heal and sterile. Never use solutions recommended for conventional hard contact lenses only. Chemical disinfection solutions should not be used with heat unless indicated by the manufacturer for use in both heat and chemical disinfection. Always use FRESH, STERILE, UNEXPRED LENS care solutions. Do not save, re-use, or mix solutions. DO NOT reuse or mix or anything other than the recommended solution for lubricating or wetting lenses. Always keep the lenses completely immersed in the recommended storage solution when the lenses are not being worn (stored). Prolonged periods of drying will damage the lenses. Follow the lens care directions for care of a dried out (dehydrated) lens if the lens surface does become dried out.

When the lens sticks (stops) moving on the eye, the patient should be instructed to immediately consult his or her eye care practitioner.

Always wash and rinse hands before handling lenses. Do not get contact lenses or care systems into the eyes. If the lens has been moved from one eye to the other, then reinsert it. After reininsertion, wait at least one hour before replacing the lens. Wait at least one hour before replacing the lens. Do not touch contact lenses with the fingers or hands if the hands are not free of foreign matter. Washing and rinsing the hands is necessary for the complete elimination of the lenses may occur, causing distorted vision and/or injury to the eye. Carefully follow the handling, insertion, removal, cleaning, disinfection, storing and replacement of the lens. Follow the directions in the Instructions for use of ALDEN SOFT CONTACT LENSES and those prescribed by the eye care practitioner.

Never wear lenses beyond the period recommended by the eye care practitioner.

Contact lenses should never be shared between users.

If aerosol products such as hair spray are used while wearing lenses, ensure that the lens is sufficiently far from the aerosol spray head so that as much as possible of the lens may be used, causing distorted vision and/or injury to the eye. Carefully follow the handling, insertion, removal, cleaning, disinfection, storing and replacement of the lens. Follow the directions in the Instructions for use of ALDEN SOFT CONTACT LENSES and those prescribed by the eye care practitioner.

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WEARING SCHEDULE

The wearing and replacement schedules should be determined by the eye care practitioner. Patients tend to overwear the lenses initially. The eye care practitioner should emphasize the importance of adhering to the initial maximum wearing schedule. Regular checkups, as determined by the eye care practitioner, are also extremely important.

The ALDEN SOFT CONTACT LENSES are indicated for daily wear. The maximum suggested wearing time for these lenses is:

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<th>DAY</th>
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<tr>
<td>6</td>
<td>All Waking hours *</td>
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STUDIES HAVE NOT BEEN COMPLETED TO SHOW THAT THE ALDEN SOFT CONTACT LENS IS SAFE TO WEAR DURING SLEEP. WEARING THE LENSES WHILE SLEEPING INCREASES THE RISK OF INFECTION AND PERMANENT DAMAGE TO VISION.

WEARING SCHEDULES SHOULD BE DETERMINED BY THE EYE CARE PRACTITIONER.

Certain atmospheric or environmental conditions can cause eye irritation, consult your eye care practitioner regarding the use of contact lenses when these conditions exist.

LENS CARE DIRECTIONS

Eye care practitioners should review lens care directions with the patient, including both basic lens care information and specific instructions on the lens care regimen recommended for the patient:

Basic Instructions:
- Care of contact lenses takes very little time and involves three essential steps – CLEANING, RINSING AND DISINFECTING. Each step in itself is important; and one step is not to be replaced by the other. Always wash, rinse and dry hands before handling contact lenses. Always use FRESH, STERILE, UNEXPRIRED lens care solutions. Use the recommended lens care system. Different solutions cannot be used together, and not all solutions are safe for use with all lenses. DO NOT ALTERNATE OR MIX LENS CARE SYSTEMS UNLESS INDICATED ON SOLUTION LABELING.
- Do not use saline or anything other than the recommended solutions for lubricating or rewetting lenses. Do not put lenses in the mouth. Lenses should be cleaned, rinsed, and disinfected each time they are removed. Cleaning and rinsing are necessary to remove mucus and film from the lens surface. Disinfecting is necessary to destroy harmful germs. The lens case must be emptied and refilled with fresh, sterile recommended storage and disinfection solution prior to disinfecting the lenses. Eye care practitioners may recommend a lubricating/rewetting solution, which can be used to wet (lubricate) lenses while they are being worn to make them more comfortable.

Note: Some solutions may have more than one function, which will be indicated on the label. Read the label on the solution bottle, and follow the instructions.

Lens cleaning, disinfection, and storage:

1. Clean one lens first (always the same lens first to avoid mix-ups), rinse the lens thoroughly with recommended saline or disinfecting solution to remove the cleaning solution, mucus, and film from the lens surface, and put lens into correct chamber of the lens storage case. Then repeat the procedure for the second lens. After cleaning, disinfect lenses using the system recommended by the manufacture and/or the eye care practitioner. To store lens, disinfect and leave them in the closed/unopened case until ready to wear. If lenses are not to be used immediately following disinfection, the patient should be instructed to consult the package insert or the eye care practitioner for information on storage of lenses.

Chemical (NOT HEAT) Lens Disinfection:

1. Wash and rinse your hands thoroughly BEFORE HANDLING LENSES. 2. After removal of lenses, Clean the lenses by applying three drops of cleaner to each surface. Then rub the lens between your fingers for 20 seconds. 3. After cleaning, thoroughly rinse both surfaces of the lens with a steady stream of fresh, sterile rinsing solution for approximately 10 seconds. 4. Fill contact lens carrying case with the recommended disinfection and storage solution and place lenses in the proper cells and soak as recommended in solution labeling.

Note: DO NOT HEAT THE DISINFECTING SOLUTION AND LENSES.

Caution: Lenses that are chemically disinfected may absorb ingredients from the disinfecting solution, which may be irritating to the eyes. A thorough rinse in fresh, sterile saline solution prior to placement on the eye should reduce the potential for irritation.

Lensa case cleaning and maintenance:

Contact lens cases can be a source of bacteria growth. After removing the lenses from the case, empty and rinse the lens storage case with solution as recommended by the lens case manufacturer; then allow the lens case to air dry. When the case is used again, refill it with storage solution. Replace lens case at regular intervals as recommended by the lens case manufacturer or your eye care practitioner.

Lensa Care Regimen:

Patients must adhere to the lens care regimen recommended by their eye care practitioner for the lens care of ALDEN SOFT CONTACT LENSES. Failure to follow this procedure may result in development of serious ocular infections.

Care for a Dried out (dehydrated) Lens:

If for some reason, your lenses dry out completely, it is important to minimize handling, as they are very brittle in the dehydrated state. Carefully place them in storing or rinsing storage solution for a minimum of thirty minutes during which time they will become soft and flexible. Then follow the cleaning, rinsing, and disinfecting procedures – including soaking the lens in storage and disinfection solution for four hours before wearing again.

Care for a sticking (nonmoving) lens:

If the lens sticks (cannot be removed), the patient should be instructed to apply 3 to 4 drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely on the eye before removing it. If nonmovement of the lens continues after 15 minutes, the patient should IMMEDIATELY consult the eye care practitioner.

Storage:

The ALDEN SOFT CONTACT LENSES must be stored only in the recommended solutions. If left exposed to the air, the lenses will dehydrate. If lens dehydrates, reference above section on caring for dried out (dehydrated) dry lens.

LENS DEPOSITS AND USE OF ENZYMATIC CLEANING PROCEDURE

Enzyme cleaning may be recommended by the eye care practitioner. Enzyme cleaning removes protein deposits on the lens. These deposits cannot be removed with regular cleaners. Removing protein deposits is important for the well-being of the patient’s lenses and eyes. If these deposits are not removed, they can damage the lenses and cause irritation.

Enzyme cleaning does NOT replace routine daily cleaning and disinfecting. For enzyme cleaning, the patient should carefully follow the instructions in the enzymatic cleaning labeling.

RECOMMENDED LENS CARE PRODUCTS

The eye care practitioner should recommend a care system that is appropriate for the ALDEN SOFT CONTACT LENSES. Each lens care product contains specific directions for use and important safety information, which should be read and carefully followed.

EMERGENCIES

The patient should be informed that chemicals of any kind (household products, gardening solutions, laboratory chemicals, etc.) are splashed into the eyes, the patient should:

I. FLUSH EYES IMMEDIATELY WITH TAP WATER AND IMMEDIATELY CONTACT THE EYE CARE PRACTITIONER OR VISIT A HOSPITAL EMERGENCY ROOM WITHOUT DELAY.

HOW SUPPLIED:

Each lens is supplied sterile in a glass vial containing buffered sterile normal saline solution USP. The glass vial is marked with the base curve, diameter, dioptic power, color, manufacturing lot number, and expiration date of the lens.

REPORTING OF ADVERSE REACTIONS:

All serious adverse experiences and adverse reactions observed in patients wearing ALDEN SOFT CONTACT LENSES or experienced with the lenses should be reported to:

Alden Optical
9 Lancaster Pkwy
Lancaster, NY 14086 USA
(716) 937-9181

January 2016