



**ALDEN HP49 LENS (hioxifilcon B)**  
**ALDEN HP54 LENS (hioxifilcon D)**  
**ALDEN HP59 LENS (hioxifilcon A)**  
**ALDEN CLASSIC38 LENS (polymacon)**  
**ALDEN CLASSIC55 LENS (methafilcon A)**  
**SPHERE, TORIC, TINTED, PROSTHETIC**

**ASTERA MULTIFOCAL (hioxifilcon D)**  
**ASTERA MULTIFOCAL TORIC (hioxifilcon D)**

**Package Insert Version 2013.1**  
 Alden Soft (hydrophilic) Contact Lens for Daily Wear

**CAUTION**

Federal (USA) Law restricts this device to sale by or on the order of a licensed practitioner.

**IMPORTANT**

Please read carefully and keep this information for future use. This package insert is intended for the eye care practitioner, but should be made available to the patient upon request. The eye care practitioner should provide the patient with the wearer's guide that pertains to the patients prescribed lens.

**DESCRIPTION**

ALDEN SOFT CONTACT LENSES are available in the following materials: hioxifilcon B, hioxifilcon D, hioxifilcon A, polymacon & methafilcon A.

ALDEN SPHERE LENSES (hioxifilcon B, hioxifilcon D, hioxifilcon A, polymacon, methafilcon A) are manufactured with a spherical front surface for the correction of visual acuity in persons who are myopic or hyperopic. ALDEN SPHERE LENSES are available clear or with a blue visibility-handling tint, (reactive blue 4) or [phthalocyaninato (2-)] copper.

ALDEN TORIC LENSES (hioxifilcon B, hioxifilcon D, hioxifilcon A, polymacon, methafilcon A) have a toric anterior or posterior surface generated for the purpose of correcting vision in an eye that is astigmatic. ALDEN TORIC LENSES are designed with a prism ballast or thin zone for orientation. ALDEN TORIC LENSES are available clear or with a blue visibility-handling tint, (reactive blue 4) or [phthalocyaninato (2-)] copper.

ASTERA MULTIFOCAL LENSES and ASTERA MULTIFOCAL TORIC LENSES (hioxifilcon D) are manufactured with an alternating concentric design where the **near** lens has a central near zone surrounded by a band of aspheric degressive add that is then surrounded by a band of distance correction. The **distance** lens has a central distance zone surrounded by a band of aspheric progressive add that is then surrounded by a band of near correction. In toric versions, the toricity may be applied to either the front or back surface.

ALDEN TINTED SPHERE and ALDEN TINTED TORIC LENSES (polymacon and hioxifilcon B) are colored with one or more of the following vat dyes: Blue 6, Brown 1; Green 1; Orange 1; Yellow 3. The dyes impart a transparent enhancing tint to the lenses.

ALDEN PROSTHETIC LENSES (polymacon and hioxifilcon B) are available in sphere or toric configurations, with or without a transparent enhancing tint. A tint mixture, containing vat Blue 6, Brown 1 and Green 1 is used to impart an opaque black tint to the lens.

ALDEN SOFT CONTACT LENSES are flexible hemispherical shells of the following dimensions:

- Chord Diameter: 10.0 mm to 16.0mm
- Center Tk, for Low Minus Lens: 0.10 mm
- Center Tk, for Plus Lens: Up to 0.50 mm
- Base Curve: 6.5 mm to 9.7 mm
- Spherical Powers (toric lenses): -30.00 D. to +30.00 D.
- Spherical Powers (spherical lenses) -30.00 D. to +30.00 D.
- Cylinder Powers, (toric lenses) -0.50 D. to -10.00 D.
- Add Powers (multifocal lenses) +1.00 D. to +4.00 D.

The ALDEN HP49 LENS (hioxifilcon B), ALDEN HP54 LENS (hioxifilcon D), ALDEN HP59 LENS (hioxifilcon A), ASTERA MULTIFOCAL LENS (hioxifilcon D) are non-ionic lens materials made from a co-polymer of 2-hydroxyethyl methacrylate (2-HEMA) and 2,3-dihydroxypropyl methacrylate (Glycerol Methacrylate, GMA). The ALDEN HP LENS (hioxifilcon B) consists of 51% hioxifilcon B and 49% water, the ALDEN HP54 LENS & ASTERA MULTIFOCAL LENS (hioxifilcon D) consists of 46% hioxifilcon D and 54% water and the ALDEN HP59 LENS (hioxifilcon A) lens consists of 41% hioxifilcon A and 59% water by weight when immersed in buffered normal saline.

The ALDEN CLASSIC38 LENS (polymacon) is a non-ionic lens material made from poly-hydroxyethyl methacrylate (p-HEMA). It consists of 62% polymacon and 38% water by weight when immersed in buffered normal saline.

The ALDEN CLASSIC55 LENS (methafilcon A) is an ionic lens material made from a co-polymer of 2-hydroxyethyl methacrylate (2-HEMA) and methacrylic acid. It consists of 45% methafilcon A and 55% water by weight when immersed in buffered normal saline.

**PHYSICAL PROPERTIES**

	ALDEN HP49 (hioxifilcon B)	ALDEN HP54 ASTERA MTF (hioxifilcon D)	ALDEN HP59 (hioxifilcon A)	CLASSIC38 (polymacon)	CLASSIC55 (methafilcon A)
Refractive Index	1.507 (dry) 1.425 (hydrated)	1.510 (dry) 1.408 (hydrated)	1.515 (dry) 1.401 (hydrated)	1.520 (dry) 1.442 (hydrated)	1.506 (dry) 1.415 (hydrated)
Light Transmittance	> 95%	> 95%	> 95%	> 95%	> 95%
Water Content	49%	54%	59%	38%	55%
Specific Gravity	1.328 (dry) 1.136 (hydrated)	1.320 (dry) 1.136 (hydrated)	1.328 (dry) 1.136 (hydrated)	1.28 (dry) 1.18 (hydrated)	1.28 (dry) 1.18 (hydrated)
Oxygen Permeability	15	21	24	9	17

**ACTIONS**

When placed on the cornea, the ALDEN SOFT CONTACT LENS (hioxifilcon B), (hioxifilcon D), (hioxifilcon A), (polymacon), (methafilcon A) acts as a refracting medium to focus light rays on the retina, and/or to enhance or alter

the apparent eye color, including ocular masking, in sighted eyes with or without visual correction, or in non-sighted eyes.

**INDICATIONS**

The ALDEN SPHERE LENS for daily wear is indicated for the correction of visual acuity in aphakic and not aphakic persons with non-diseased eyes with refractive ametropia (myopia or hyperopia). The lens may be worn by persons who exhibit refractive astigmatism of 1.50 diopters or less where the astigmatism does not interfere with visual acuity.

The ALDEN TORIC LENS for daily wear is indicated for the correction of visual acuity in aphakic and not aphakic persons with non-diseased eyes with refractive ametropia (myopia or hyperopia) and/or possesses refractive astigmatism not exceeding 10 Diopters.

The ASTERA MULTIFOCAL LENS for daily wear is indicated for the correction of visual acuity in aphakic and not aphakic persons with non-diseased eyes with refractive ametropia (myopia or hyperopia) and presbyopia. The lens may be worn by persons who exhibit refractive astigmatism of 1.50 diopters or less where the astigmatism does not interfere with visual acuity.

The ASTERA MULTIFOCAL TORIC LENS for daily wear is indicated for the correction of visual acuity in aphakic and not aphakic persons with non-diseased eyes with refractive ametropia (myopia, hyperopia and/or astigmatism) and presbyopia.

The ALDEN TINTED SPHERE and ALDEN TINTED TORIC LENS (polymacon and hioxifilcon B) is colored with one or more of the following vat dyes: Blue 6; Brown 1; Green 1; Orange 1; Yellow 3. The dyes impart a transparent enhancing tint to the lens.

The ALDEN PROSTHETIC LENS for daily wear is indicated for the enhancement or alteration of the apparent eye color, including ocular masking, either in sighted or non-sighted eyes that require a prosthetic contact lens for the cosmetic management of conditions such as corneal, iris or lens abnormalities. The lens may also be prescribed for the correction of refractive ametropia (myopia, hyperopia and astigmatism) in aphakic and not aphakic persons or for occlusive therapy for conditions such as diplopia, amblyopia or extreme photophobia.

ALDEN SOFT LENSES for daily wear are available in either conventional or planned replacement modalities.

**CONTRAINDICATIONS (REASONS NOT TO USE)**

DO NOT USE ALDEN SOFT CONTACT LENSES when any of the following conditions are present:

- Acute and subacute inflammation or infection of the anterior chamber of the eye.
- Any eye disease, injury, or abnormality that affects the cornea, conjunctiva, or eyelids, except where prosthetic lens is required.
- Severe insufficiency of lacrimal secretion (dry eyes).
- Corneal hypoesthesia (reduced corneal sensitivity), if not-aphakic.
- Any systemic disease that may affect the eye or be exaggerated by wearing contact lenses.
- Allergic reactions of ocular surfaces or adnexa that may be induced or exaggerated by wearing contact lenses or use of contact lens solutions.
- Allergy to any ingredient, such as mercury or thimerosal, in a solution, which is to be used to care for ALDEN SOFT CONTACT LENSES.
- Any active corneal infection (bacterial, fungal, or viral).
- If eyes become red or irritated.
- Patient is unable to follow lens care regimen or unable to obtain assistance to do so.

**WARNINGS**

PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE. It is essential that patients follow their eye care practitioner's directions and all labeling instructions for proper use of lenses and lens care products, including the lens case. EYE PROBLEMS, INCLUDING CORNEAL ULCERS, CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION; THEREFORE, IF YOU EXPERIENCE EYE DISCOMFORT, EXCESSIVE TEARING, VISION CHANGES, OR REDNESS OF THE EYE, IMMEDIATELY REMOVE YOUR LENSES AND PROMPTLY CONTACT YOUR EYE CARE PRACTITIONER.

**Daily wear lenses are not indicated for overnight wear, and patients should be instructed not to wear lenses while sleeping.** Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight.

Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers.

**PRECAUTIONS**

Special precautions for eye care practitioner:

Clinical studies have demonstrated that contact lenses manufactured from hioxifilcon B, hioxifilcon D, hioxifilcon A, polymacon and methafilcon A are safe and effective for their intended use. However, the clinical studies may not have included all design configurations or lens parameters that are presently available in this lens material.

Due to the small number of patients enrolled in clinical investigation of lenses, all refractive powers, design configurations, or lens parameters available in the lens materials were not evaluated in significant numbers. Consequently, when selecting an appropriate lens design and parameters, the eyecare practitioner should consider all characteristics of the lens that can affect lens performance and ocular health, including oxygen permeability, wettability, central and peripheral thickness, and optic zone diameter.

The potential impact of these factors on the patient's ocular health should be carefully weighed against the patient's need for refractive correction; therefore, the continuing ocular health of the patient and lens performance on the eye should be carefully monitored by the prescribing eye care practitioner.

Aphakic patients should not be fitted with ALDEN SOFT CONTACT LENSES until the determination is made that the eye has healed completely.

Patients who have had radial keratotomy (RK) may be more prone to new vessel growth along incision lines. More frequent follow-up care may be required to ensure that any neovascularization is detected at an early stage. Patients should be discontinued from lens wear if new vessel growth starts to approach the pupillary zone.

Fluorescein, a yellow dye, should not be used while the lenses are on the eyes. The lenses absorb this dye and become discolored. Whenever fluorescein is used in eyes, the eyes should be flushed with a sterile saline solution that is recommended for in eye use. Wait at least one hour before replacing the lens. Too early replacement may allow the lenses to absorb residual fluorescein irreversibly.

Before leaving the eye care practitioner's office, the patient should be able to promptly remove lenses or should have someone else available who can remove the lenses for him or her.

Eye care practitioners should instruct the patient to remove the lenses immediately if the eye becomes red or irritated.

Eye care practitioners should carefully instruct patients about the following care regimen and safety precautions:

Different solutions cannot always be used together, and not all solutions are safe for use with all lenses. Use only recommended solutions that are fresh and sterile. Never use solutions recommended for conventional hard contact lenses only. Chemical disinfection solutions should not be used with heat unless specifically indicated on product labeling for use in both heat and chemical disinfection. Always use FRESH, STERILE, UNEXPIRED lens care solutions. Always follow directions in the package inserts for the use of contact lens solutions. Sterile unpreserved solutions, when used, should be discarded after the time specified in the labeling directions. Do not use saliva or anything other than the recommended solution for lubricating or wetting lenses. Always keep the lenses completely immersed in the recommended storage solution when the lenses are not being worn (stored). Prolonged periods of drying will damage the lenses. Follow the lens care directions for care for a dried out (dehydrated) lens if the lens surface does become dried out.

If the lens sticks (stops moving) on the eye, follow the recommended directions on care for sticking lens. The lens should move freely on the eye for the continued health of the eye. If non-movement of the lens continues, the patient should be instructed to IMMEDIATELY consult his or her eye care practitioner.

Always wash and rinse hands before handling lenses. Do not get cosmetics, lotions, soaps, creams, deodorants, or sprays in the eyes or on the lenses. It is best to put on lenses before putting on makeup. Water-based cosmetics are less likely to damage lenses than oil-base.

Do not touch contact lenses with the fingers or hands if the hands are free of foreign materials, as microscopic scratches of the lenses may occur, causing distorted vision and/or injury to the eye.

Carefully follow the handling, insertion, removal, cleaning, disinfection, storing and wearing instructions in the Patient instructions for ALDEN SOFT CONTACT LENSES and those prescribed by the eye care practitioner.

Never wear lenses beyond the period recommended by the eye care practitioner.

If aerosol products such as hair spray are used while wearing lenses, exercise caution and keep eyes closed until the spray has settled.

- Always handle lenses carefully and avoid dropping them.
- Avoid all harmful or irritating vapors and fumes while wearing lenses.
- Ask the eye care practitioner about wearing lenses during sporting activities.
- Inform the doctor (health care practitioner) about being a contact lens wearer.
- Never use tweezers or other tools to remove lenses from the lens container unless specifically indicated for that use. Pour the lens into the hand.
- Do not touch the lens with fingernails.
- Always contact the eye care practitioner before using any medicine or medications in the eyes.
- Always inform the employer of being a contact lens wearer. Some jobs may require use of eye protection equipment or may require that the patient not wear contact lenses.
- As with any contact lens, follow-up visits are necessary to assure the continuing health of the patient's eyes. The patient should be instructed as to a recommended follow-up schedule.

**ADVERSE REACTIONS**

The patient should be informed that the following problems could occur:

- Eyes stinging, burning, itching (irritation), or other eye pain.
- Comfort is less than when lens was first placed on the eye.
- Feeling that something is in the eye such as a foreign body or scratched area.
- Excessive watering (tearing) of the eye.
- Unusual eye secretions.
- Redness of the eye.
- Reduced sharpness of vision (poor visual acuity).
- Blurred vision, rainbows, or halos around objects.
- Sensitivity to light (photophobia).
- Dry eyes.

If the patient notices any of the above, he or she should be instructed to:

**IMMEDIATELY REMOVE LENSES.**

If discomfort or problems stop, look closely at the lens. If the lens is in any way damaged, DO NOT PUT THE LENS BACK ON THE EYE. Place the lens in the storage case and contact the eye care practitioner. If the lens has dirt, an eyelash, or other foreign body on it, or the problem stops and the lens appears undamaged, the patient should thoroughly clean, rinse, and disinfect the lens, then reinsert it. After reinsertion, if the problem continues, the patient should IMMEDIATELY REMOVE THE LENS AND CONSULT THE EYE CARE PRACTITIONER.

When any of the above problems occur, a serious condition such as infection, corneal ulcer, neovascularization, or iritis may be present. The patient should be instructed to KEEP THE LENS OFF THE EYE AND SEEK IMMEDIATE PROFESSIONAL IDENTIFICATION of the problem and prompt treatment to avoid serious eye damage.

**FITTING**

Conventional methods of fitting contact lenses apply to ALDEN SOFT CONTACT LENSES. For a detailed description of the fitting techniques, refer to the ALDEN SOFT CONTACT LENSES Professional Fitting and Information Guide, copies of which are available from:

Alden Optical Laboratories, Inc.  
 13295 Broadway  
 Alden, New York 14004-1398  
 (716) 937-9181

## WEARING SCHEDULE

THE WEARING AND REPLACEMENT SCHEDULES SHOULD BE DETERMINED BY THE EYE CARE PRACTITIONER. Patients tend to over wear the lenses initially. The eye care practitioner should emphasize the importance of adhering to the initial maximum wearing schedule. Regular checkups, as determined by the eye care practitioner, are also extremely important.

The ALDEN SOFT CONTACT LENSES are indicated for daily wear. The maximum suggested wearing time for these lenses is:

DAY	HOURS
1	6
2	8
3	10
4	12
5	14
6	All Waking hours *

STUDIES HAVE NOT BEEN COMPLETED TO SHOW THAT THE ALDEN SOFT CONTACT LENS IS SAFE TO WEAR DURING SLEEP.

WEARING SCHEDULES SHOULD BE DETERMINED BY THE EYE CARE PRACTITIONER.

## LENS CARE DIRECTIONS

Eye care practitioners should review lens care directions with the patient, including both basic lens care information and specific instructions on the lens care regimen recommended for the patient:

### Basic Instructions:

Care of contact lenses takes very little time and involves THREE essential steps – CLEANING, RINSING AND DISINFECTION. Each step in itself is important, and one step is not to be replaced by the other. Always wash, rinse and dry hands before handling contact lenses. Always use FRESH, STERILE, UNEXPIRED lens care solutions. Use the recommended lens care system. Different solutions cannot always be used together, and not all solutions are safe for use with all lenses. DO NOT ALTERNATE OR MIX LENS CARE SYSTEMS UNLESS INDICATED ON SOLUTION LABELING. Do not use saliva or anything other than the recommended solutions for lubricating or rewetting lenses. Do not put lenses in the mouth. Lenses should be cleaned, rinsed, and disinfected each time they are removed. Cleaning and rinsing are necessary to remove mucus and film from the lens surface. Disinfecting is necessary to destroy harmful germs. The lens case must be emptied and refilled with fresh, sterile recommended storage and disinfection solution prior to disinfecting the lenses. Eye care practitioners may recommend a lubricating/rewetting solution, which can be used to wet (lubricate) lenses while they are being worn to make them more comfortable.

Note: Some solutions may have more than one function, which will be indicated on the label. Read the label on the solution bottle, and follow the instructions.

### Lens cleaning, disinfection, and storage:

**Clean** one lens first (always the same lens first to avoid mix-ups), **rinse** the lens thoroughly with recommended saline or disinfecting solution to remove the cleaning solution, mucus, and film from the lens surface, and put lens into correct chamber of the lens storage case. Then repeat the procedure for the second lens. After cleaning, disinfect lenses using the system recommended by the manufacture and/or the eye care practitioner. To store lens, disinfect and leave them in the closed/unopened case until ready to wear. If lenses are not to be used immediately following disinfection, the patient should be instructed to consult the package insert or the eye care practitioner for information on storage of lenses.

### Chemical (NOT HEAT) Lens Disinfection:

1. Wash and rinse your hands thoroughly BEFORE HANDLING LENSES.
2. After removal of lenses, CLEAN the lenses by applying three drops of cleaner to each surface. Then rub the lens between your fingers for 20 seconds.
3. AFTER CLEANING, thoroughly rinse both surfaces of the lens with a steady stream of fresh, sterile rinsing solution for approximately 10 seconds.
4. Fill contact lens carrying case with the recommended disinfection and storage solution and place lenses in the proper cells and soak as recommended in solution labeling.

Note: DO NOT HEAT THE DISINFECTION SOLUTION AND LENSES.

Caution: Lenses that are chemically disinfected may absorb ingredients from the disinfecting solution, which may be irritating to the eyes. A thorough rinse in fresh, sterile saline solution prior to placement on the eye should reduce the potential for irritation.

### Lens case cleaning and maintenance:

Contact lens cases can be a source of bacteria growth. After removing the lenses from the case, empty and rinse the lens storage case with solution as recommended by the lens case manufacture; then allow the lens case to air dry. When the case is used again, refill it with storage solution. Replace lens case at regular intervals as recommended by the lens case manufacture or your eye care practitioner.

### Lens Care Regimen:

Patients must adhere to the lens care regimen recommended by their eye care practitioner for the lens care of ALDEN SOFT CONTACT LENSES. Failure to follow this procedure may result in development of serious ocular infections

### Care for a Dried out (dehydrated) Lens:

If for some reason, your lenses dry out completely, it is important to minimize handling, as they are very brittle in the dehydrated state. Carefully place them in rinsing or storage solution for a minimum of thirty minutes during which time they will become soft and flexible. Then follow the cleaning, rinsing, and disinfecting procedures - including soaking the lens in storage and disinfection solution for four hours before wearing again.

### Care for a sticking (nonmoving) lens:

If the lens sticks (cannot be removed), the patient should be instructed to apply 3 to 4 drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely on the eye before removing it. If non-movement of the lens continues after 15 minutes, the patient should IMMEDIATELY consult the eye care practitioner.

### Storage:

The ALDEN SOFT CONTACT LENSES must be stored only in the recommended solutions. If left exposed to the air, the lenses will dehydrate. If lens dehydrates, reference above section on caring for dried out (dehydrated) dry lens.

### LENS DEPOSITS AND USE OF ENZYMATIC CLEANING PROCEDURE

Enzyme cleaning may be recommended by the eyecare practitioner. Enzyme cleaning removes protein deposits on the lens. These deposits cannot be removed with regular cleaners. Removing protein deposits is important for the well-being of the patient's lenses and eyes. If these deposits are not removed, they can damage the lenses and cause irritation.

Enzyme cleaning does NOT replace routine daily cleaning and disinfecting. For enzyme cleaning, the patient should carefully follow the instructions in the enzymatic cleaning labeling.

### RECOMMENDED LENS CARE PRODUCTS

The eyecare practitioner should recommend a care system that is appropriate for the ALDEN SOFT CONTACT LENS. Each lens care product contains specific directions for use and important safety information, which should be read and carefully followed.

### EMERGENCIES

The patient should be informed that if chemicals of any kind (household products, gardening solutions, laboratory chemicals, etc.) are splashed into the eyes, the patient should:

FLUSH EYES IMMEDIATELY WITH TAP WATER AND IMMEDIATELY CONTACT THE EYE CARE PRACTITIONER OR VISIT A HOSPITAL EMERGENCY ROOM WITHOUT DELAY.

### HOW SUPPLIED:

Each lens is supplied sterile in a glass vial containing buffered sterile normal saline solution USP. The glass vial is marked with the base curve, diameter, dioptric power, color, manufacturing lot number, and expiration date of the lens.

### REPORTING OF ADVERSE REACTIONS:

All serious adverse experiences and adverse reactions observed in patients wearing ALDEN SOFT CONTACT LENSES or experienced with the lenses should be reported to:

Alden Optical Laboratories, Inc.  
6 Lancaster Pkwy  
Lancaster, NY 14086 USA  
(716) 937-9181

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